

# Auric Spa Bangalore 8976846033



Auric Spa Bangalore operates as a wellness and personal care service center. The facility is organized to support calm and structured wellness sessions. Services are offered within defined procedures and fixed schedules.

Services are delivered by trained staff following established methods. Each session is conducted according to planned time limits. Procedures follow a consistent sequence for all visitors. Cleanliness and hygiene standards are maintained across the facility. Service areas are prepared before and after each session. Client comfort and privacy are always respected. Appointment scheduling is managed in an organized manner.

## **SOCIAL LINK :**

<https://www.facebook.com/profile.php?id=61585153306784>

<https://www.instagram.com/auricspabangalore/>

[https://x.com/auricspabang\\_33](https://x.com/auricspabang_33)

<https://www.youtube.com/@AuricSpaBangalore>

<https://www.pinterest.com/auricspabangalore/>

**134/6/43 , 1ST FLOOR Above Anand Honda , Hosa Rd, near SBI Bank, Junction, Bengaluru, Karnataka 560100**

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# **OIL MASSAGE**

**ESSENTIAL OILS ARE  
DILUTED BEFORE BEING  
APPLIED TO THE SKIN.  
DURING THE MASSAGE,  
YOU WILL RECEIVE A FULL  
BODY MASSAGE WHILE  
INHALING ESSENTIAL OILS  
THROUGH THE DIFFUSER  
AND ABSORBING THEM  
THROUGH THE SKIN**



# COUPLE MASSAGE

A COUPLES MASSAGE IS LIKE ANY OTHER MASSAGE, BUT YOU AND YOUR PARTNER ARE MASSAGED AT THE SAME TIME, ON SEPARATE TABLES, BY TWO DIFFERENT MASSEUSES. MASSAGES ARE USUALLY GIVEN IN PRIVATE ROOMS ON MASSAGE TABLES PLACED SIDE BY SIDE



# FOUR HAND MASSAGE

FOUR HAND MASSAGE FOCUSES ON THE MUSCLES OF THE HAND. VARIOUS TECHNIQUES ARE USED DURING HAND MASSAGE, SUCH AS RUBBING, TRIGGER POINT SKIN ROLLERS AND ACUPRESSURE. VARIOUS TECHNIQUES ARE USED TO HELP RELIEVE ACUTE PAIN, REDUCE SURGICAL OUTCOMES, INCREASE RELAXATION, AND REDUCE SCARRING.



# SWEDISH MASSAGE

SWEDISH MASSAGE INVOLVES PROLONGED KNEADING MOVEMENTS COMBINED WITH RHYTHMIC TAPPING MOVEMENTS AND JOINT MOVEMENTS. THIS TYPE OF MASSAGE TARGETS THE TOP LAYERS OF THE MUSCLES AND IS DESIGNED TO RELEASE MUSCLE TENSION.



# DEEP TISSUE MASSAGE

DEEP TISSUE MASSAGE IS A MASSAGE TECHNIQUE THAT USES DEEP PRESSURE. A COMBINATION OF SLOW STROKING MOVEMENTS AND PRONOUNCED FINGER PRESSURE IS DESIGNED TO RELEASE TENSION AND TENSION DEEP WITHIN THE MUSCLES AND CONNECTIVE TISSUE. DEEP TISSUE MASSAGE USUALLY FOCUSES ON YOUR MAIN DISCOMFORT AREAS.



# AROMATHERAPY MASSAGE

AROMATHERAPY MASSAGE IS A TYPE OF MASSAGE THAT USES ESSENTIAL OILS, HERBS, AND OTHER NATURAL INGREDIENTS TO CREATE AN AROMATIC EXPERIENCE. AROMATHERAPY MASSAGE IS A GENTLE, HEALING FORM OF TOUCH THAT CAN RELIEVE STRESS AND TENSION, IMPROVE MOOD, AND STIMULATE THE BODY'S NATURAL HEALING PROCESS.

